



July-September 2016

News, events and support for LGBT families in Edinburgh

Dear families,

Welcome to our quarterly update! Below you'll find all the details for LGBT families events and news coming up in both **Glasgow** and **Edinburgh** over the next few months.

It was fantastic to see so many families at Pride Breakfast and on the Edinburgh march this year, with all ages of children enjoying the buzz. Look out for other exciting occasions to meet new folk and get the children involved in community activities this quarter. During this politically unsettling time both locally and globally, we are proud to continue our work, standing stronger than ever, for equality, inclusion, health and wellbeing for all LGBTQI people and particularly for those who find themselves marginalized or feeling ostracized by last month's EU referendum.

It's going to be a fun few months with school holidays and wot not, so read on and hopefully we can help fill up your calendar!

Jules

Rainbow Families at Pride House Glasgow

When? Saturday 10am-12pm, 16th July

Where? Spoon Cafe, 46 Trongate, Glasgow, G1 5ES



Family Zone at Pride House: A collaboration between LEAP Sports and LGBT Health and Wellbeing will include information about Glasgow Rainbow Families. A fun and inclusive family space for all Rainbow families.

If you have any questions you can contact us by phone on **0141 271 2330** or email kelly@lgbthealth.org.uk

Journey to LGBT Parenting

When? Thursday 28th July, 6-8pm

Where? LGBT Health, 12 Queen's Crescent, Glasgow, G4 9AS

Booking is essential



Are you considering starting a family? Join Rainbow Families for an information and discussion event for prospective LGBT parents to learn about different options for starting families. Speakers will share experiences of their own journeys to parenthood. We aim to have a variety of different experiences represented.

For more information or to book, please contact kelly@lgbthealth.org.uk or call the office on **0141 271 2330**.

LGBT Summer Fete 2016



When? Saturday 1-5pm, 30th July

Where? Tollcross Community Centre, 117 Fountainbridge, Edinburgh, EH3 9QG

A bonanza awaits you once again at our annual get together for the whole LGBTQI community. Bring your friends, family & supporters along for this year's highlights including live music from Agony Ant and Drumsoc, the Big LGBT Bake-off, games & competitions, traditional sweet shop, raffle, LGBT Community Group Fair and this year 'Beat the Bobbie' goal scoring competition against Police Scotland!

No need to book, but stay in the loop online via Facebook:

<https://www.facebook.com/events/147327712340227/>

Rainbow Families Summer Picnic

When? Saturday 1-5pm, 13th August.

Where? The Magnet Play Area, East Meadows, Melville Drive, EH9 9EX

Booking is preferable: www.tinyurl.com/rainbowpicnic

Suggested donation: £5 per family

Join us in the Meadows for a fun-packed afternoon of games, mischief & mayhem! If you can manage, bring something for our shared picnic, and any specific lunch items that you or your family need. We'll set up near



Saturday 1-5pm, 13th August, 2016

Booking online: www.tinyurl.com/rainbowpicnic

Contact Jules for more info:

E: jules@lgbthealth.org.uk

T: 0131 523 1104



the Magnet Play Area, so the children have lots to keep them occupied whilst parents have the opportunity to meet and chat.

Also featuring at the picnic will be Tracy and her wonderful balloon animals and the 'Mini Olympics'!

Where are we meeting?

We're meeting at the East Meadows, from 1pm, just outside the Magnet Play Area. We'll have a gazebo up and you'll most likely spot our rainbow umbrellas!

How do I contact staff on the day of the event?

You can contact Jules at the event should you need to, by calling or texting 07756 564244 between 10am-1pm on 13th August. Please note in case you're unable to reach me, you're welcome any time, so don't worry about running late.

Who is the event for?

All LGBTQI parents with their children and families.

Are refreshments provided?

We'll be bringing a few items to help bulk up the shared picnic, but it would be great if you're able to contribute a few sandwiches, a salad or maybe some cake? No pressure though. Please make sure you bring any food that you or your family requires, particularly in relation to dietary requirements.

How much does it cost?

It's free, however to help cover our costs there is a suggested donation of £5 per family. It would be most helpful if you're able to donate by cash on the day.

How do I book?

Booking is incredibly helpful for our planning, so please do so via:

www.tinyurl.com/rainbowpicnic

Please note: If weather is particularly bad we may have to cancel and will inform you by the email address or contact details you leave on the form.

You can also book by calling Jules on **0131 523 1104**... Please note you won't receive a booking confirmation email but the form will tell you that your details have been recorded. I'll contact all those who booked, ahead of the event.

And Finally...

I look forward to seeing lots of smiling faces at any of our events coming up and for those reading this bulletin for the first time, welcome to the Rainbow Families community! Check out more LGBT events [via our website](#).

Jules

The Rainbow Families events are held quarterly and are for anyone looking to meet

other LGBT parents, share experiences and socialise in a family setting. For more information about Rainbow Families, events for LGBT parents, or any of our other LGBT Health and Wellbeing services please contact:

Edinburgh: jules@lgbthealth.org.uk, call 0131 523 1104

Glasgow: kelly@lgbthealth.org.uk, call 0141 271 2330

Or visit our website: www.lgbthealth.org.uk



Thanks for reading!